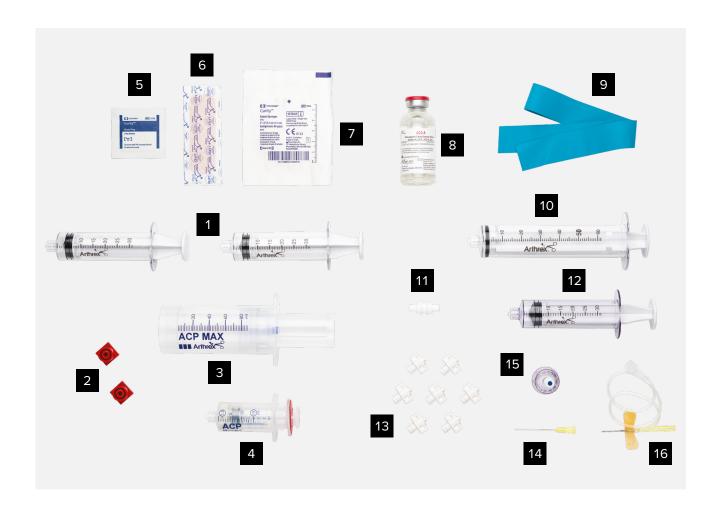
ACP Max[™] Platelet-Rich Plasma System Surgical Technique





ACP Max[™] Platelet-Rich Plasma (PRP) System

ACP Max Kit Components



Inner Blister Tray (sterile)

Pic.	Qty.	Description
1	2	30 mL Syringe for PPP Withdrawal
2	2	Luer Caps, red
3	1	ACP Max Syringe
4	1	Arthrex ACP® Double Syringe

Outer Blister Tray

Pic.	Qty.	Description
5	1	Alcohol Pad
6	1	Bandage, latex-free
7	1	Gauze Sponge
8	1	ACD-A
9	1	Tourniquet
10	1	60 mL Blood Draw Syringe
11	1	Female-to-Female Luer
12	1	30 mL Blood Draw Syringe
13	7	Male-to-Female Luer Caps, white
14	1	Hypodermic Needle for ACD-A Withdrawal, 20 ga
15	1	Vial Adapter (another option for ACD-A withdrawal)
16	1	Angel Wing Infusion Set

Note: Expiration date of the ACP Max kit is the earliest expiration date of any of the kit's components.

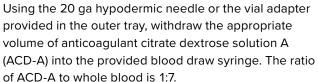


Preparation of Blood Draw Supplies



Open ACP Max™ kit and remove the tray set from the box. Set aside the inner blister sterile tray.





Blood Volume	Total ACD-A Volume
30 mL	4 mL
60 mL	8 mL
90 mL	12 mL



Using aseptic technique, cap the syringe with one of the Luer lock caps provided in the outer tray. Using standard blood draw protocol, draw the desired amount of blood into the syringes primed with ACD-A.



Remove the ACP Max^m syringe from the inner tray.



Express the air out of the syringe by depressing the syringe guide.



Seat the ACP Max syringe on the red cap of the tray and turn clockwise to cap.



Set the capped ACP Max syringe aside.



Remove cap from the syringe containing whole blood. Connect the syringe to the blue needleless valve inside the ACP Max™ syringe.

Alternatively, use the female-to-female connector provided in the outer tray to connect the syringe to the ACP Max syringe.



Slowly fill the ACP Max syringe with the whole blood.



Remove the whole blood syringe from the ACP Max syringe. Next, remove the syringe guide by turning counterclockwise. Set the syringe guide aside for later use.



Open centrifuge lid. Place the ACP Max syringe into the centrifuge bucket.

Fill the ACP Max counterweight to a volume equal to the ACP Max syringe from the distal end.



Ensure that the ACP counterweight is placed opposite of the ACP Max™ syringe. Set the centrifuge to the appropriate speed and time for processing volume. Begin centrifugation.

Spin Regimes

- The ACP Max system creates an output with a high concentration of platelets by using two spin cycles.
- Spin time of the first spin is variable depending on spin volume.
- Speed (rpm) is constant for all volumes but changes between the first and second spins.

First Spin

Blood Volume	RPM	Time
30 mL	3200 rpm	3 min
60 mL	3200 rpm	6 min
90 mL	3200 rpm	9 min

Second Spin

Blood Volume	RPM	Time
15 mL	1500 rpm	5 min

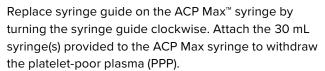
Note: Ensure centrifuge brake is off.



When the centrifugation spin is complete, remove the ACP Max syringe from centrifuge and place on a flat surface.

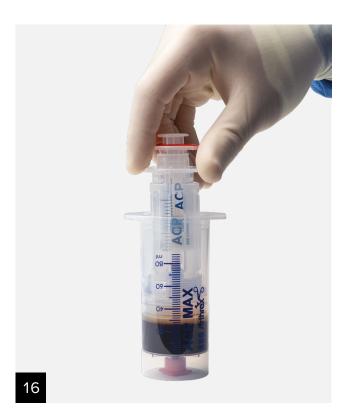
Note: Carefully handle the syringe to avoiding mixing the centrifuged sample.







Withdraw the PPP until the ACP Max plunger is two gradations above the red blood cell interface. Discard PPP.



Seat the Arthrex ACP® double syringe to the ACP Max syringe.



Fill the Arthrex ACP double syringe to 15 mL by firmly holding the ACP Max syringe and pulling back on the red tabs of the Arthrex ACP double syringe.

Remove ACP double syringe from the ACP Max^{m} syringe and cap with the remaining red cap.

Mix sample by gently inverting the Arthrex ACP® double syringe for 15-30 seconds.









Ensure the appropriate counterweight and bucket spacers are in place.



Close the lid of the centrifuge and set to 1500 RPM for 5 minutes. Begin centrifugation.



Carefully remove the Arthrex ACP® double syringe from the centrifuge to avoid mixing of the sample.



Transfer the PRP from the lower syringe into the upper syringe by carefully depressing the red wings of the Arthrex ACP double syringe.

Note: Ensure collection of only the PRP layer.



Collect final PRP output.

Uses for ACP Max[™] PRP

ACP Max PRP can be used to hydrate various bone grafts, such as demineralized cortical and cancellous grafts, for improved handling.



Demineralized cortical fibers



Demineralized cancellous sponge



Cancellous cube

Ordering Information

ACP Max™ Platelet-Rich Plasma

Product Description	Item Number
ACP Max PRP system w/ ACD-A	ABS- 10015
ACP Max PRP system w/o ACD-A	ABS- 10013
ACP Max PRP system	ABS- 10013-B
ACP Max counterbalance	ABS- 10017

Drucker Horizon Centrifuge

Product Description	Item Number
Drucker Horizon 24 Flex-AH	00389-129-000K
Bucket	03-1-0007-0123HK
Bucket spacer for Arthrex ACP® Double Syringe	03-1-0001-0098K
Counterbalance for Arthrex ACP Double Syringe	ABS- 10027

Hettich Rotofix Centrifuge

Product Description	Item Number
Hettich Rotofix 32A 110V	1206-01
Hettich swing out rotor for Rotofix 32	1324
Hettich ACP Max bucket	1490
Bucket for Hettich Rotofix 32A	1491-2
Screw cap for Hettich Bucket	1492-2

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This description of technique is provided as an educational tool and clinical aid to assist properly licensed medical professionals in the usage of specific Arthrex products. As part of this professional usage, the medical professional must use their professional judgment in making any final determinations in product usage and technique. In doing so, the medical professional should rely on their own training and experience, and should conduct a thorough review of pertinent medical literature and the product's directions for use. Postoperative management is patient-specific and dependent on the treating professional's assessment. Individual results will vary and not all patients will experience the same postoperative activity level and/or outcomes.



Arthrex manufacturer, authorized representative, and importer information (Arthrex eIFUs)



US patent information

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