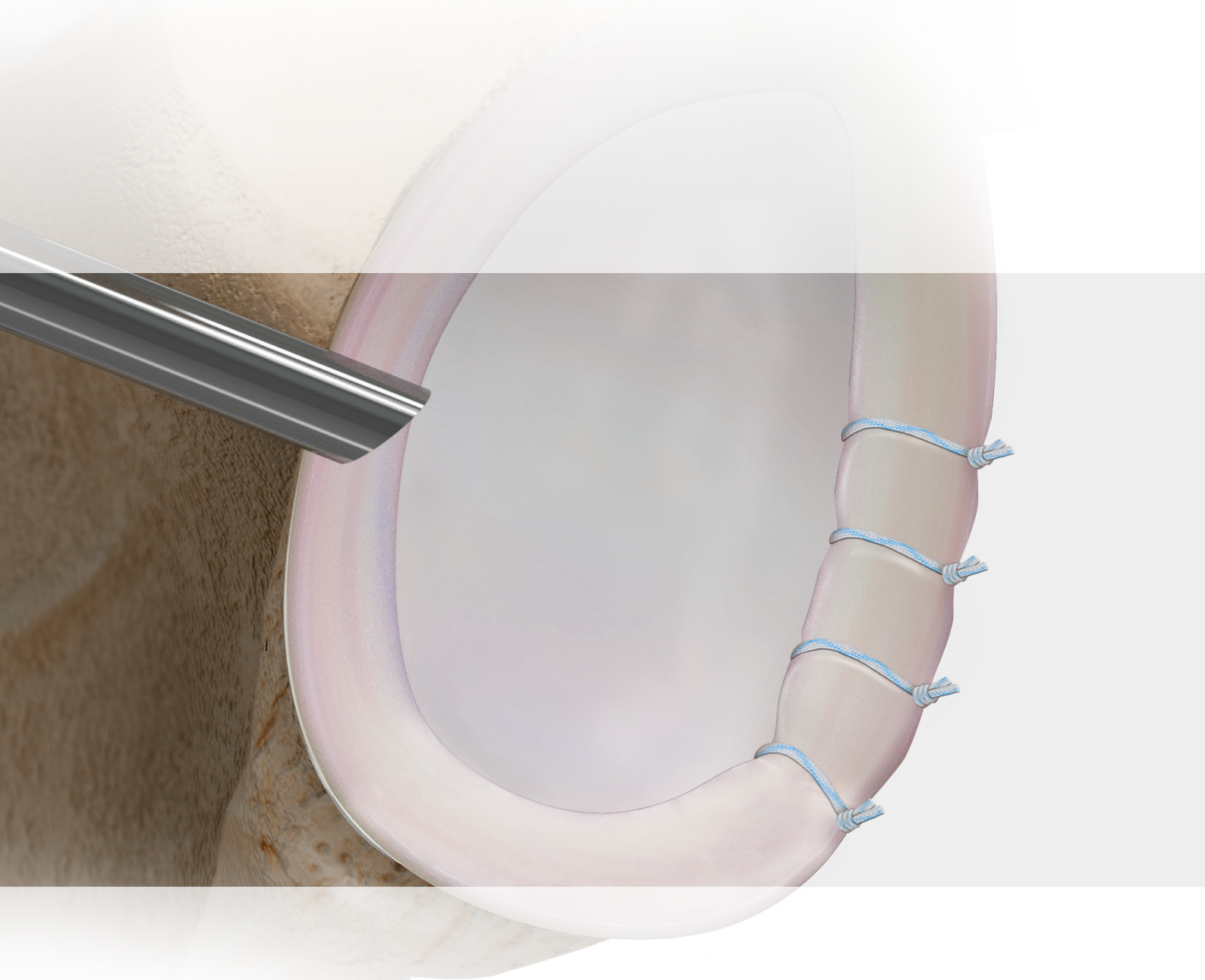


# FiberTak<sup>®</sup> Soft Anchor for Glenoid Labrum Repair

Surgical Technique

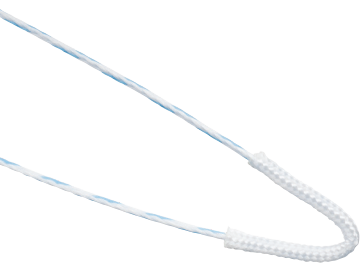


# FiberTak® Soft Anchor for Glenoid Labrum Repair

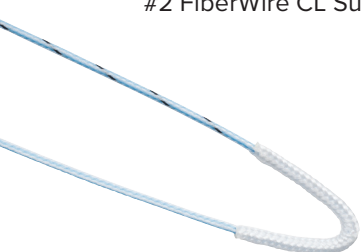
Offering the benefits, clinical experience, and product support surgeons have come to appreciate from Arthrex, FiberTak soft anchors are available single- and double-loaded, each with multiple innovative suture options. These anchors are complemented with both curved and straight guide delivery systems, along with 1.6 mm drills to minimize bone removal.



1.3 mm SutureTape



#2 FiberWire CL Suture



#2 TigerTail Suture

## Suture Innovation

Flat-braided, 1.3 mm SutureTape is 21% more resistant to tissue pull-through than #2 suture.<sup>1</sup> It offers improved handling and knot security and smaller comparable knot stacks.

Braided, coreless #2 FiberWire® CL suture is soft to the touch while maintaining high suture strength and knot security.

#2 TigerTail® suture, our standard popular FiberWire construct with 2 distinct tails per strand, simplifies suture management.



## Quick Set and Release Handle Design

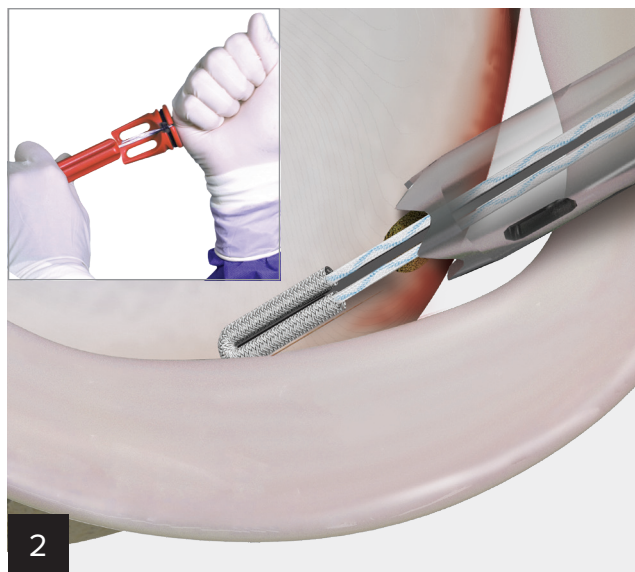
This new ergonomic handle allows the surgeon to easily insert and set the FiberTak suture anchor.

The suture-release tab is easily pulled off the handle, releasing the sutures to effortlessly remove the inserter.



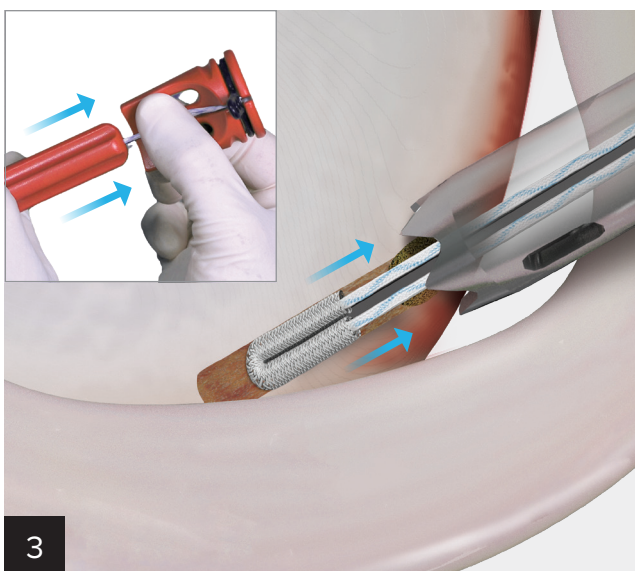
Mobilize the labrum and create a bleeding bed to enhance tissue healing to bone. Pass the spear and place it on the glenoid rim. Fully advance the drill through the spear until the drill laser line or collar contacts the spear's handle.

**Note:** Drilling in very hard bone may require cycling the drill while maintaining consistent alignment of the drill guide. Increased size, hard bone drills are also available for use.

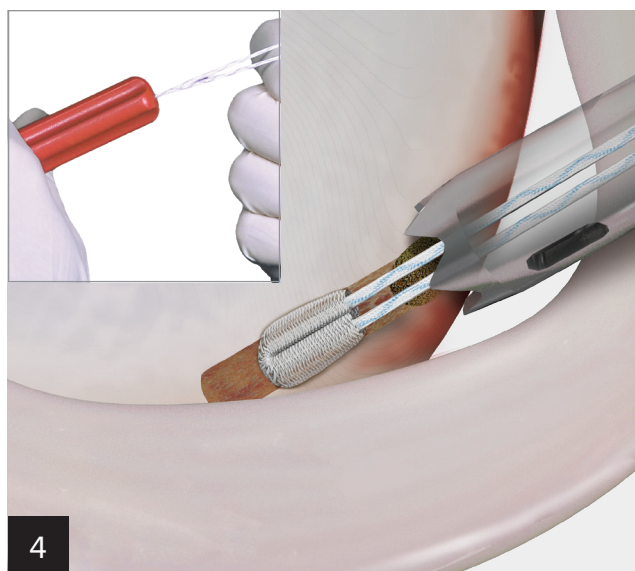


Insert the anchor through the spear and into bone by gentle impaction until the inserter handle is flush with the back of the spear.

**Note:** If insertion resistance is encountered, do not impact harder. Replace the implant and repeat the drilling/insertion process. Avoid excessive impaction as this could lead to inserter damage and/or breakage. See **WARNING NOTE** on back page for additional information.



Grasp the handle and sutures and lightly pull on them to set the anchor in bone. Remove the suture-release tab to release the sutures from the handle.

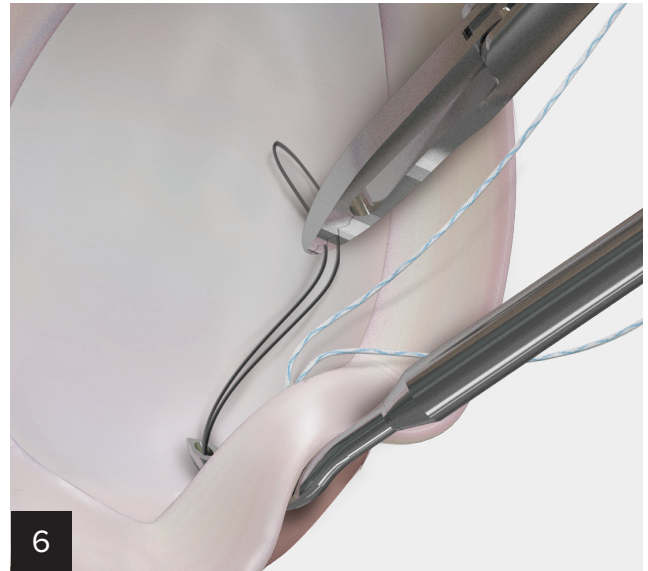


Remove the inserter handle and pull on the sutures to confirm the anchor is set in the cortical bone.

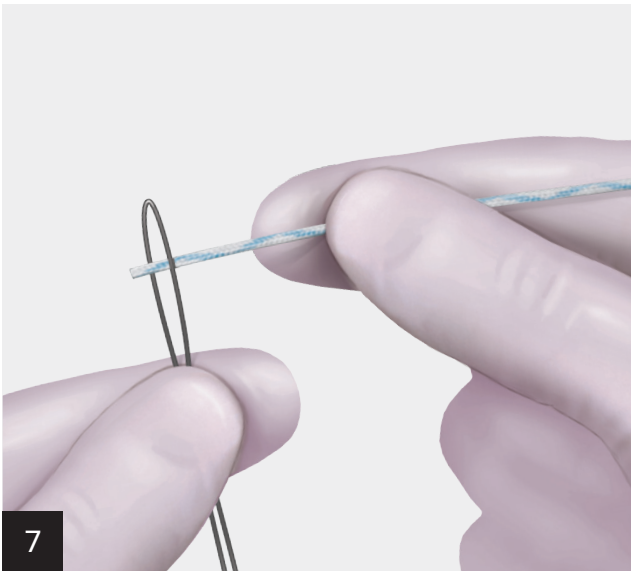




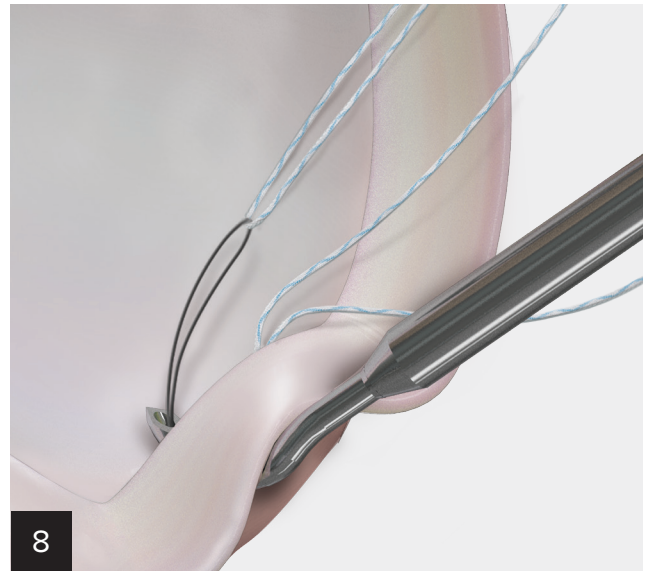
5 Retrieve the suture through the anterosuperior portal using a KingFisher® retriever.



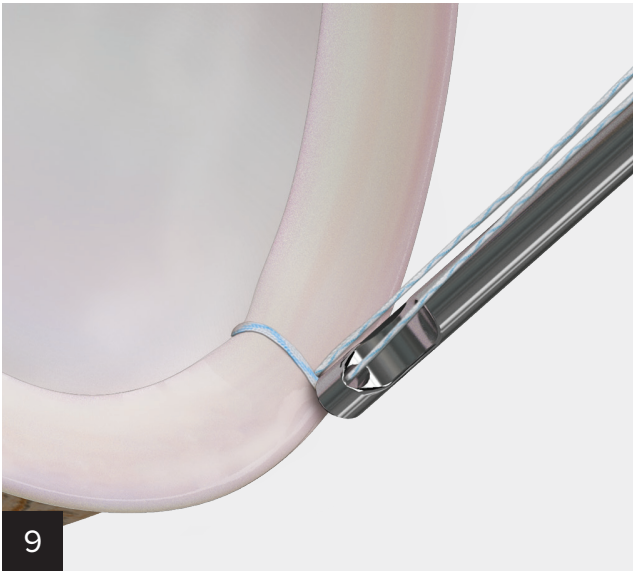
6 Insert a curved SutureLasso™ suture passer into the anteroinferior cannula and pass it through the capsulolabral tissue inferior to the anchor. Advance the nitinol wire loop into the joint. Retrieve the wire loop through the anterosuperior portal using a KingFisher retriever.



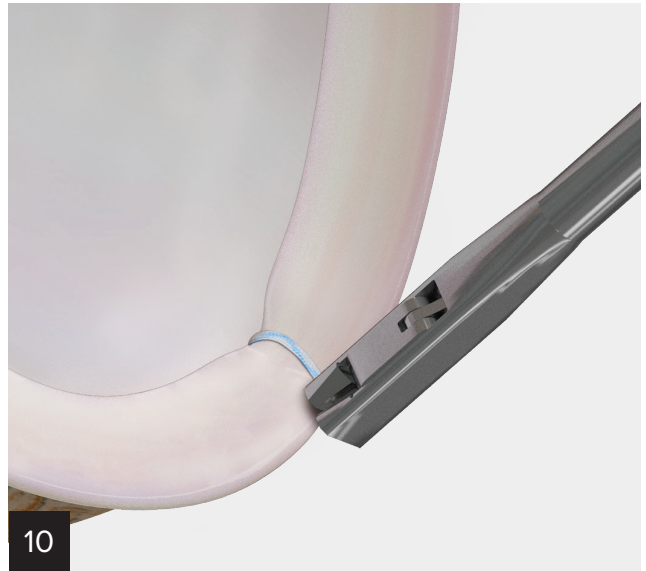
7 Load the suture through the nitinol wire loop.



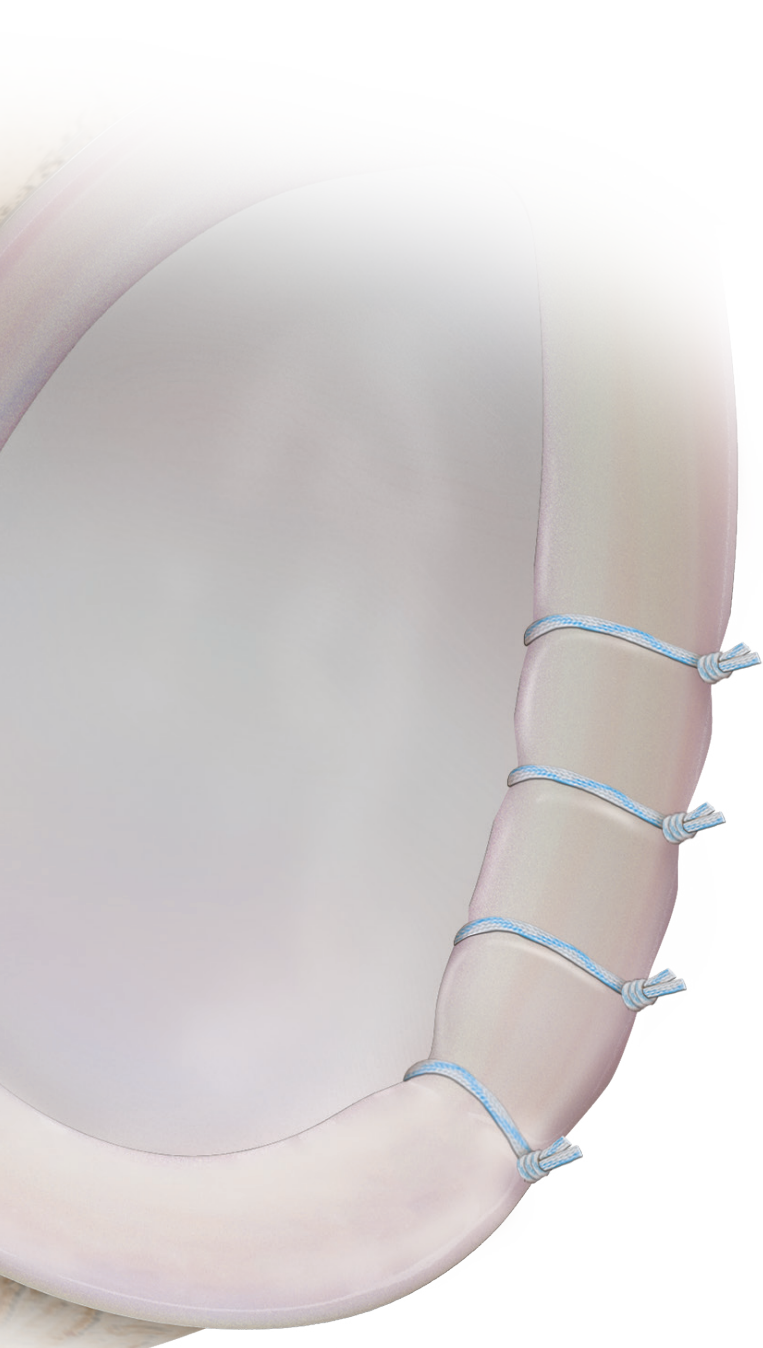
8 Retract the wire loop through the SutureLasso suture passer to pull the suture to the distal end of the suture passer inside the joint. Remove the suture passer and wire loop together to shuttle the suture through the labral tissue.



FiberWire® suture slides within the FiberTak® anchor and provides multiple options for knot-tying configurations.



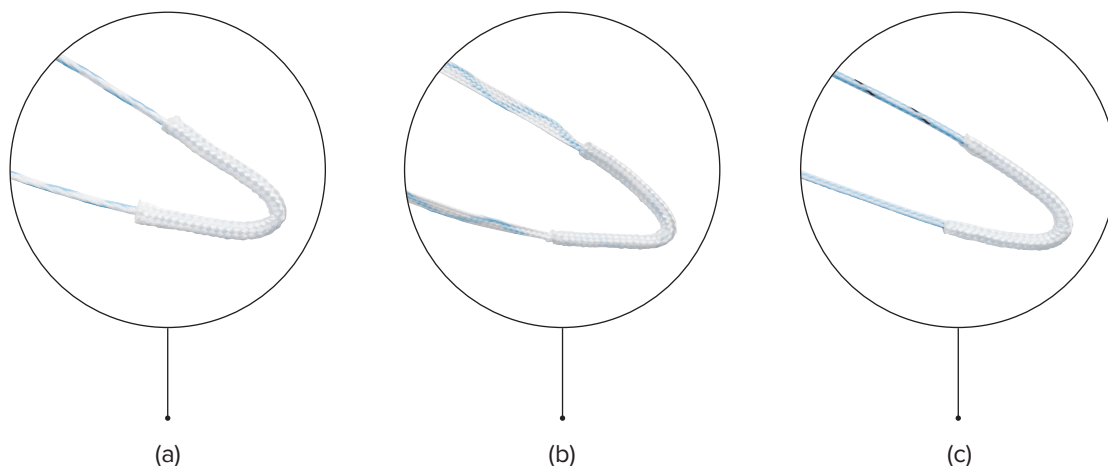
Cut the excess suture with the suture cutter, which is specifically designed to cut FiberWire suture, leaving a 3 mm tail.



## Ordering Information

### Implant

Product Description	Item Number
FiberTak® Soft Anchor, #2 FiberWire® CL suture <b>(a)</b>	AR-3600
FiberTak Soft Anchor, two #2 FiberWire CL sutures	AR-3600-2
FiberTak Soft Anchor, 1.3 mm SutureTape <b>(b)</b>	AR-3602
FiberTak Soft Anchor, two 1.3 mm SutureTape	AR-3602-2
FiberTak Soft Anchor, #2 FiberWire TigerTail® sutures <b>(c)</b>	AR-3603
FiberTak Soft Anchor, two #2 FiberWire TigerTail sutures	AR-3603-2



### Disposable Instruments

Product Description	Item Number
1.6 mm Percutaneous Instrument Kit for FiberTak Soft Anchor Includes: Spear w/ fishmouth tip, 17 G needle, nitinol wire, dilator, 1.6 mm rigid drill	AR-3610PK-1
Disposables Kit, straight spear Includes: Spear w/ circumferential teeth, blunt-tip obturator, 1.6 mm drill	AR-3600D
Disposables Kit, curved spear Includes: Spear w/ circumferential teeth, blunt-tip obturator, 1.6 mm flexible drill	AR-3600DC
Knotless FiberTak Disposable Kit, w/ tapered curved spear, 1.8 mm flexible drill, and blunt obturator	AR-3610DC-3
1.6 mm Drill, for FiberTak Suture Anchor	AR-3600D-1
1.6 mm Flexible Drill w/ hub, trocar obturator, sterile	AR-3610ND-1
1.7 mm Drill for FiberTak Soft Anchor	AR-3600D-3
1.7 mm Flexible Drill w/ Hub, trocar obturator, sterile	AR-3610ND-3
1.8 mm Drill for FiberTak Soft Anchor	AR-3600D-2
1.8 mm Flexible Drill w/ Hub, trocar obturator, sterile	AR-3610ND-2
1.6 mm Flexible ShaverDrill™ Disposable Kit for FiberTak Soft Anchor Includes: Curved spear and blunt-tip obturator	AR-3600NDSR-1

## Ordering Information (Cont)

### Reusable Curved Spear Options

Product Description	Item Number
Curved Spear for FiberTak® Soft Anchor, w/ trocar obturator	AR-3610CTC
Tight Curved Spear for FiberTak Soft Anchor, w/ trocar obturator	AR-3610CTC-2



### Reusable Straight Spear Options

Product Description	Item Number
Fishmouth Spear	AR-3610F
Spear w/ Circumferential Teeth	AR-3610CT
Slotted Spear	AR-3610ST



Fishmouth Spear  
AR-3610F



Spear w/  
Circumferential Teeth  
AR-3610CT



Slotted Spear  
AR-3610ST

Products may not be available in all markets because product availability is subject to the regulatory approvals and medical practices in individual markets. Please contact your Arthrex representative if you have questions about the availability of products in your area.

## Reference

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1. Arthrex, Inc. LA1-00038-EN\_B. Naples, FL; 2017.

# WARNING!

### TO HELP AVOID INSERTER BREAKAGE AND POTENTIAL PATIENT INJURY:

- Avoid excessive impaction as this could lead to inserter damage and/or breakage.
- If insertion resistance is encountered, do not impact harder. Replace the implant and repeat the drilling/insertion process.
- Visually inspect the inserter for potential breakage after each implantation. See image below for reference **(a)**.



This description of technique is provided as an educational tool and clinical aid to assist properly licensed medical professionals in the usage of specific Arthrex products. As part of this professional usage, the medical professional must use their professional judgment in making any final determinations in product usage and technique. In doing so, the medical professional should rely on their own training and experience, and should conduct a thorough review of pertinent medical literature and the product's directions for use. Postoperative management is patient-specific and dependent on the treating professional's assessment. Individual results will vary and not all patients will experience the same postoperative activity level and/or outcomes.



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